

# *Blessing* in the *Chaos*

Jan Richardson

To all that is chaotic in you,  
let there come silence.

Let there be a calming of the clamoring,  
a stilling of the voices that have laid their claim on you,  
that have made their home in you,

that go with you even to the holy places  
but will not let you rest,  
will not let you hear your life with wholeness  
or feel the grace that fashioned you.

Let what distracts you cease.

Let what divides you cease.

Let there come an end to what diminishes and demeans,  
and let depart all that keeps you in its cage.

Let there be an opening into the quiet  
that lies beneath the chaos,  
where you find the peace you did not think possible  
and see what shimmers within the storm.



**As I sit here reeling from the events of these past days and worried about the days to come, I needed to take a moment to pause and breathe and 're-set' my heart and mind and soul. So I offer this blessing to myself and , I trust, to you as we continue this journey : chaos around and chaos within.**

**I know for many of you Fiona brought unthinkable fear and worry and damage-homes; properties; possessions; safety. The clean-up and the re-building and the phone calls to repair folks and insurance companies looms heavy. I am aware that for others you are welcoming power restoration, while others (myself included) and looking at mid-week estimates and living "off grid" is exhausting.**

**Whatever today holds for you... whatever is weighing on your heart... whatever is uplifting your heart (thank you to repair folks and clean up folks and first responders!!) - please know that you are very much on my mind and in my daily thoughts and prayers.**

**Like so many I have been dealing with sketchy and so seeking to keep in contact with you and communicating PUC updates is challenging. If you need to be in touch please use my cell # 902 759-1386 to call or text . Messenger is also an option-it just may take a bit before I get the message. Or come by the house- I am here 'woman-ing' the sump pump and generator!!**

**So, again, take care of yourselves. Check-in  
on neighbours and I will be in touch with  
PUC updates as I am able.**

**Blessings,  
*Mary-Beth***



**Though PUC and Spirit Glen did not  
sustain major damage  
(again lots of clean-up),  
our walnut tree did not do too well :(  
Fortunately, though it fell towards our  
gazebo, it did not hit it.**

**Like the loss of the Shubenacadie tree, I  
am saddened and so aware how the power  
of creation is both majestic and  
overwhelming.**



**Pictou United Church**  
**47 James Street - PO Box 995**  
**Pictou, Nova Scotia**  
**B0K 1H0**  
**902 485-8081**

*Your support of our work & ministry is gratefully received and prayerfully used.  
 Thank You for being part of making a difference in our community and world and in  
 the lives of others.*

*etransfer donations can be made via [pictouunited@eastlink.ca](mailto:pictouunited@eastlink.ca)  
 NO password required.*

*OR please contact the PUC Office 902 485-8081  
 to safely drop off or mail your financial gifts.*

*You can also find Pictou United on 'Canada Helps'  
<https://www.canadahelps.org/en/explore/charities/?q=Pictou+United>*

**OFFICE HOURS**

TUESDAY.....8:30 am - 12:00 pm  
 WEDNESDAY...8:30 am - 12:00 pm  
 THURSDAY.....8:30 am - 12:00 pm  
 SUNDAY..... PRIOR TO & FOLLOWING WORSHIP

Messages 902 485-8081  
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Mary-Beth's  
email



PUC Office  
email



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