



Every great dream begins with a dreamer. Always remember,
you have within you the strength, the patience, and the passion
to reach for the stars to change the world.

~ Harriet Tubman



WELCOME TO PICTOU UNITED CHURCH

Rev. Mary-Beth Moriarity B.A., B.Th., M.Div.

David & Shelley Pos: Ministry of Music

www.pictouunited.com

February 10th, 2019

Fifth Sunday after Epiphany

**Fear less, hope more;
eat less, chew more;
whine less, breathe more;
talk less, say more;
hate less, love more;
and all good things are yours.**

a modern proverb

We Gather in Community

*As the music begins, we are invited to
prepare ourselves for worship.*

Music to Gather Us

Welcome & Announcements ~ African Heritage Month Moment

Gathering Words ~ Moment To Pause

One: Before us each day lie challenges, opportunities, possibilities.
The choices we make craft us into who we are becoming.

ALL: Today, may we ever open our eyes to the newness of our days.
May we sense the surge of wonder
just beneath the surface of the ordinary.
May we be reminded of God's constant presence.

May we find wisdom and meaning in each breaking moment.
One: New life; Renewed energy; Deepening faith.

As the Christ Candle Is Lit, We Sing...

*In this moment, in this place,
all is wonder, all is grace.*

*In this moment, in this place,
hope awaits.*

In this moment, in this place... peace awaits.

In this moment, in this place... joy awaits.

In this moment, in this place... love awaits.

words & music by Trisha Watts ~ Seasons of the Spirit 2012-13

We Are Gathered Together

One: Source of life and abundant love;

ALL: We gather in worship and praise!

One: Wellspring of goodness and amazing grace;
ALL: **We gather, surrounded by your love.**
One: Bearer of justice and never-ending joy;
ALL: **We gather seeking inspiration and wisdom.**
One: Constant companion, who shares our tears;
ALL: **We gather, ever-aware that we are not alone.**
One: Heartbeat of life, at work in each and in all;
ALL: **Gather us. Nourish us. Empower us.**

Hymn We Are One

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We Are Gathered in Prayer

*“True prayer is neither a mere mental exercise
 nor a vocal performance.
 It is far deeper than that –
 it is spiritual transaction with the Creator of Heaven and Earth.”*

Charles Spurgeon
 English Baptist Preacher and Author 1834-1892

God - heart of the world:
 revealed through every aspect of creation:
 understood through our awareness.

May we honour the holiness of creation and act accordingly
 so that your love is reflected in the way we live.

May we always be thankful for the food we eat
 and the friends we have.

May we forgive those who transgress against us
 and be forgiven for our own.

In the freedom of love may we live as your heartbeat
 and not be compromised by hesitation.

Through our freedom, may your justice
 be seen and heard and experienced
 forever and ever. Amen

a translation of the Lord's Prayer by Sherri Weinberg ~ St. Paul's Presbyterian (New Zealand)

***Gather us in, ground us in you.
 Gather us in, ground us in you.
 Gather us in, gather us in,
 ground us, ground us in you.***

More Voices 7

Moment for All

*This little light of mine, I'm gonna let it shine
 This little light of mine, I'm gonna let it shine
 This little light of mine, I'm gonna let it shine
 Let it shine, let it shine, let it shine*





We Open Ourselves to Wisdom

*When our heart is in a holy place,
When our heart is in a holy place,
We are blessed with love
and amazing grace,
When our heart is in a holy place.*

words & music - Joyce Polley

Hebrew Scripture Wisdom Jeremiah 17: 5-8 *Cursings & Blessings* p. 776

Hymn Guide My Feet *a traditional African-American Spiritual*

*Guide my feet while I run this race.
Guide my feet while I run this race.
Guide my feet while I run this race,
for I don't want to run this race in vain.*

*Hold my hand while I run this race.
Hold my hand while I run this race.
Hold my hand while I run this race.
for I don't want to run this race in vain.*

Stand by me while I run this race....

Search my heart while I run this race....

Contemporary Gospel Wisdom *'A Way of Blessing...'* *inspired by Luke 6: 17-23*

Hymn Blest Are They **Voices United 896**

**We Gather at Table
to Share in the Feast of our Faith**



Words to Gather Us

One: This is a place of abundant blessings.
This is a table laden with nourishment for the journey.
This is a place of welcome. This is the table of our faith.
ALL: **A place, a table, where we are formed and loved into community.**
One: Come - for God is made known here:
in a feast spread;
in bread baked and broken;
in grapes pressed and pured out.
ALL: **Come - for God is made known here:**
in eyes filled with peace;
in hands gently open to receive;
in lives blessed;
blessed to be a blessing.

One: *Namaste* – the holy in me, greets the holy in you.

ALL: *Namaste.*

We Take a Moment to Meet and Greet One Another

All who hunger, never strangers; seeker be a welcome guest.

Come from restlessness and roaming.

Here, in joy, we keep the feast.

We that once were lost and scattered in communion's love have stood.

Taste and see the grace eternal. Taste and see that God is good.

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One: Come, all who journey in faith:
bring your lives, fragile and holy.

There is a place for you here.

There is a place for all of us here.

ALL: **We come to this table, as we are.**

**We come to this table seeking the nourishment
we need for the life and ministry that is ours.**

One: God of grace,
from age to age
you infuse every particle of the universe
with wonder.

ALL: **From age to age
you surround every form of life
with love.**
**From age to age
you call to every corner of creation
with promise.**

One: As the story is told...
Long ago, some travelers once journeyed together
beneath a fiery star
to seek the treasure of their hearts.
Kneeling in a stable,
they found the gift they sought.

ALL: **As we journey through this Season of Epiphany,
we too find gifts of your presence
as we follow in the way of this child of Bethlehem
who broke bonds of oppression
to pour out compassion for all.**

*O holy, holy, holy God,
O God of time and space.
All earth and sea and sky above
bear witness to your grace.
Hosanna in the highest heaven,
creation sings your praise.
And blessed is the One who comes
and bears your name always!*

More Voices 203

One: Today, we bring to mind a final meal,
where bread and cup were blessed and shared
with new meaning:
*"Here is life. Here is promise. Here is blessing.
You are my beloved."*

ALL **As we share this bread and cup,
may we open ourselves
to the strength of this love.**
**As we share this bread and cup,
may we be empowered to share that love.**
*"Here is life. Here is promise. Here is blessing.
We are God's beloved."*

*Amen, amen, O Holy One!
Hosanna and Amen!
Amen, amen, O Holy One!
Hosanna and Amen!*

More Voices 205



**We Gather Around the Table
and Share in the Gifts of God's Love**

*From time immemorial, the sharing of bread and wine
has been the most universal of all symbols of community.
As we eat and drink together, we are strengthened as individuals
and as a community of faith.
In this sharing, in this feasting, we are nourished, body and soul.
Bread for the Journey... The Cup of God's Blessing...
ALL are invited and welcome to share in the gifts.*

Prayer After Communion *in unison*

Holy One, faithful companion, we pray that that we may continue to:
live deeply, with purpose,
live freely, with detachment,
live wisely, with humility,
live justly, with compassion,
live lovingly, with fidelity,
live mindfully, with awareness,
live gratefully, with generosity,
live fully with enthusiasm.

Help us to hold on to this vision, and to daily renew it in our hearts.

***Bread for the journey, food for the way.
Cup of God's blessing,
tomorrow, today.***

More Voices 202

We Respond and Move into the World

We Prepare to Offer our Gifts ~ Offertory ~ Prayer



*These gifts we bring with grateful hearts,
to reconcile, make new,
gather us in grace,
show us the way,
to live our lives in Truth,
to share your love in all we do.*

words and music: Pat Mayberry- arrangement: David Kai

Ministry of Music *"Operator"*

accompanied by Larry Alexander and Gordon Ingham

We Are Blessed – Called to Be a Blessing

*"Blessed are the cracked, for they shall let in the light."
Groucho Marx*

One: When we are afraid,
may the memory of this day sustain us.
When we are uncertain,
may the blessings of this time ground us in God's love.
When we feel unworthy,
may the companions that surround us remind us
ALL: **that we are never alone.**

We Go Out Singing

*Let's go out and love one another,
pray and care for the people in need.
Let's be a sign of the love from above,
and let this spark be a fire indeed.*

*Let's go out and keep on singing,
sing to the trees and the moon above,
clap your hands and lift your feet,
and dance to the music of love.*

*from 'Let's Go Out' words & music - Leigh Newton
Seasons of the Spirit Songbook Vol.4*

Music to Send Us Out into The World

Tonight at 7 pm

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